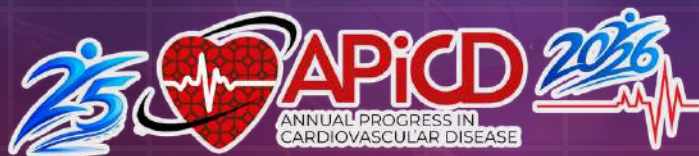


ANNUAL PROGRESS IN CARDIOVASCULAR DISEASE

The Future of Cardiovascular Medicine: Strategic Prevention
and Multidisciplinary Management



 October, 16th – 18th, 2026
 Novotel, Tangerang City



WELCOME MESSAGE

On behalf of the Indonesian Heart Association (PERKI) Banten Chapter, it is my great pleasure to welcome you to the Annual Progress in Cardiovascular Disease (APiCD) 2026, held on 16–18 October 2026 at Hotel Novotel Tangerang. Over the years, APiCD has grown into an important scientific gathering for cardiovascular professionals in Banten and beyond, and we are truly delighted to have you with us.

Cardiovascular disease remains the leading cause of death in Indonesia, and its burden continues to grow as risk factors become increasingly common in our communities. Meeting this challenge requires more than the efforts of a single discipline. With this in mind, we have chosen the theme “The Future of Cardiovascular Medicine: Strategic Prevention and Multidisciplinary Management,” reflecting our belief that the future of cardiovascular care lies in timely, targeted prevention and close collaboration across specialties and levels of care. Guided by this theme, our program brings together symposia, workshops, moderated poster sessions, the ACLS Competition, and the launch of a new PERKI Banten book.

None of this would be possible without the dedication of our speakers, moderators, sponsors, and organizing committee, to whom I extend my sincere gratitude. I hope you will enjoy the sessions, build meaningful connections with fellow colleagues, and return home with knowledge that will benefit your patients.

Once again, welcome to APiCD 2026.

Best regards.

dr. Ignatius Yansen Ng, Sp.JP(K), FIHA, FAsCC, FAPSC, FHRS
Chairman of PERKI Banten Chapter





WELCOME MESSAGE

Warm greetings to us all.

Amid the rapid advancement of medical science, keeping our knowledge up to date through evidence-based medicine has become an integral part of everyday clinical practice. Therefore, continuous learning and interprofessional collaboration are essential to improving the quality of patient care.

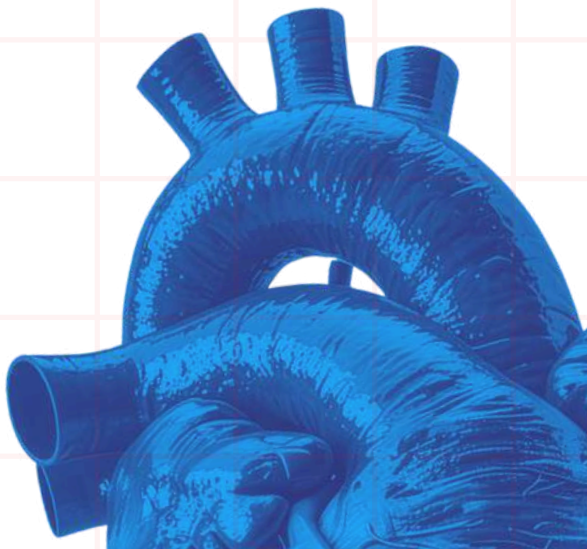
We believe that every participant will not only gain the latest knowledge and insights, but also have the opportunity to engage in meaningful discussions, expand professional networks, and share experiences with colleagues from various institutions. This is what makes APiCD more than just a scientific seminar—it is a forum where we can learn, grow, and advance together toward better healthcare for our communities.

We warmly invite our colleagues to be part of APiCD. Let us renew our knowledge, strengthen collaboration, and shape a better future for cardiovascular care together. Register now and join us at APiCD. We look forward to welcoming you as we learn, discuss, and inspire one another.

See you at APiCD 2026!

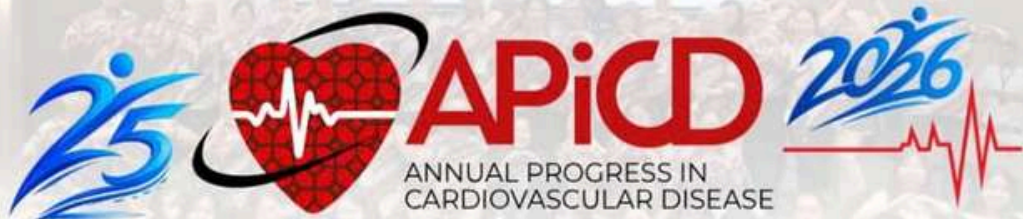
Warm regards,

*dr. Hendyono Lim, Sp.JP (K), FIHA
Chairman of APiCD 2026*





PERKI Banten Present



"The Future of Cardiovascular Medicine: Strategic Prevention and Multidisciplinary Management,"

SYMPOSIUM

WORKSHOP

**PERKI BANTEN
BOOK LAUNCHING**

MODERATED POSTER

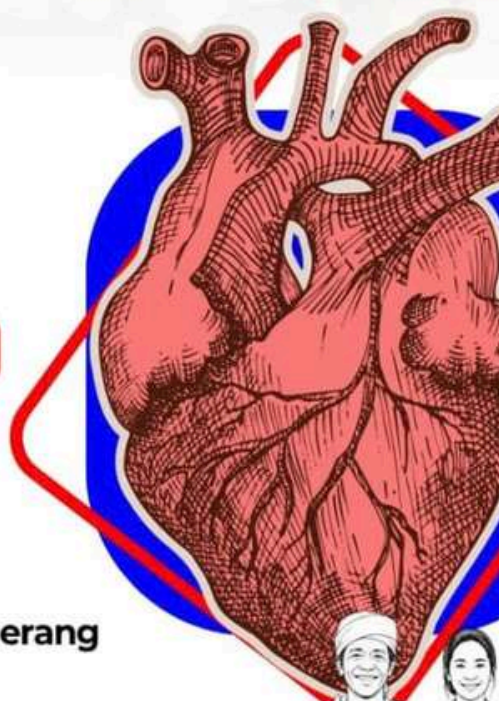
ACLS COMPETITION



16-18 Oktober 2026



Hotel Novotel Tangerang
Kota Tangerang, Banten



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SCHEDULE

TABLE

APiCD 2026

Friday, October 16th 2026

Workshop Room, M Floor

08.00-12.00 WIB

Workshop 1:
The Bubble Study
Masterclass:
Practical Agitated
Saline Contrast
Echocardiography
(Hands-on)

Workshop 2:
Dissecting The
Heart : Cardiac
Anatomy for
Clinicians
(Hands-on)

Workshop 3:
ECG Made Easy

Workshop 4 :
Treadmill Stress
Test For Nurse
(Hands-on)

13.00-16.30 WIB

Workshop 5:
Return to Work
for Cardiac
Patients

Workshop 6:
Dyspnea in
Emergency room
: from Pediatric
to Adulthood

Workshop 7:
Cardiac
Emergency in
Sports : Early
detection,
Management and
Prevention

Workshop 8:
ECG For Nurse
(Hands-on)

SCHEDULE TABLE

APiCD 2026

Saturday, October 17th 2026

Grand Ball Room

08.00 - 08.45

Symposium 1
Vascular Disease — Comprehensive Management of Chronic Venous Insufficiency (CVI) & Venous Thromboembolism (VTE)

08.45 - 09.30

Opening Ceremony 25th APiCD 2026 & Keynote Plenary

09.30 - 10.15

Symposium 2
Heart Failure — Neurohormonal Blockade in HFrEF & Emergency Triage in ADHF

10.15 - 11.00

Symposium 3
Metabolic & Cardiorenal — SGLT2i Across Ejection Fraction Spectrum & Renal Protection in Diabetes

11.00 - 11.45

Symposium 4
Arrhythmia & Syncope — Stroke Prevention in Atrial Fibrillation & Diagnostic Approach to Syncope

11.45 - 12.45

Lunch Symposium 5
Metabolic & Heart Failure — Early Cardiorenal Protection with SGLT2i & Multiorgan Risk Management

13.45 - 14.30

Symposium 6
Hypertension — Advanced Blood Pressure Control with Levamlodipine & Dual Synergistic FDC

14.30 - 15.00

Penutupan Hari Pertama & Ringkasan Ilmiah

SCHEDULE TABLE

APiCD 2026

Sunday, October 18th 2026

Grand Ball Room

08.00 - 08.20

**Sesi Khusus Yayasan Jantung Indonesia (YJI) —
Promosi Gaya Hidup Sehat Jantung & Panca
Usaha di Masyarakat**

08.20 - 09.05

**Symposium 7
Arrhythmia & Cardiac Rehabilitation — Ambulatory
Holter ECG Monitoring & Safe Exercise in Primary
Care**

09.05 - 09.50

**Symposium 8
Coronary Artery Disease — Redefining Anti-
Anginal Strategies, Nitrate Tolerance &
Metabolic Protection in CCS**

09.50 - 10.35

**Symposium 9
Chronic Coronary Syndrome — Pharmacological
Efficacy of ISMN & Lifestyle Secondary Prevention**

10.35 - 11.20

**Symposium 10
Lipidology & Preventive Cardiology — Dual-Action
Lipid-Lowering in ACS & Referral Pathways**

11.20 - 12.20

**Symposium 11
Women's Cardiovascular Health — 24-Hour Blood
Pressure Control & Cardiovascular Risks in
Perimenopause**

12.20 - 12.50

Closing Ceremony



APICD

ANNUAL PROGRESS IN
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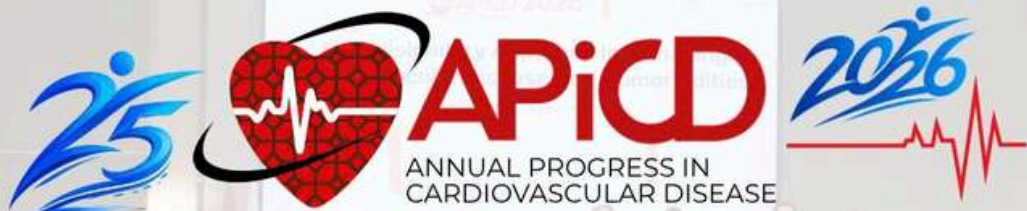
Hotel Novotel Tangerang
Kota Tangerang, Banten 15117

REGISTRATION FEE

Package	Cardiologist	Other Specialist	GP	Nurse	Medical Student
Symposium Offline	Rp.600.000	Rp.600.000	Rp.500.000	-	Rp.150.000
Symposium Offline + 1 Workshop	Rp.700.000	Rp.700.000	Rp.600.000	Rp.150.000	Rp.200.000
Symposium Offline + 2 Workshop	Rp.750.000	Rp.750.000	Rp.650.000	Rp.200.000	-



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"The Future of Cardiovascular Medicine: Strategic Prevention and Multidisciplinary Management,"



16-18 Oktober 2026



Hotel Novotel Tangerang
Kota Tangerang, Banten 15117

FOR REGISTRATION



0819 0637 2350

Renny



Abstract Competition

Abstract Competition is a scientific competition at APiCD that provides healthcare professionals, researchers, and students with an opportunity to present innovative research and clinical findings, fostering scientific collaboration and advancing evidence-based cardiovascular care.

Deadline Submission:

31 August 2026, 23:59 WIB

ACLS Championship

ACLS Champions is a team-based competition at the APiCD that challenges healthcare professionals to demonstrate their Advanced Cardiovascular Life Support (ACLS) skills through realistic emergency simulations, emphasizing clinical excellence, teamwork, and rapid decision-making.

Deadline Submission:

31 August 2026, 23:59 WIB

www.apicdperkibanten.com



@Perki_Banten

WORKSHOP →

FRIDAY
OCTOBER 16TH 2026

WORKSHOP 1. THE BUBBLE STUDY MASTERCLASS: PRACTICAL AGITATED SALINE CONTRAST ECHOCARDIOGRAPHY (HANDS-ON)

Waktu	Kegiatan	PIC/Narasumber
08.00 - 08.15	Re-registrasi	-
08.15 - 08.20	Pembukaan	Moderator: dr. Jimmy Oi Santoso Simanjuntak, SpJP FIHA
08.20 - 08.50	Fundamentals and Standardized Techniques of Agitated Saline Contrast Echocardiography	Speaker: dr. Siti Irma Mashitah, SpJP(K) FIHA
08.50 - 09.20	Clinical Applications and Interpretation of Agitated Saline Contrast Echocardiography: A Case-Based Approach	Speaker: dr. Herenda Medhishita, SpJP(K) FIHA
09.20 - 11.00	Hands-on	-

WORKSHOP 2. DISSECTING THE HEART : CARDIAC ANATOMY FOR CLINICIANS (HANDS-ON)

Waktu	Kegiatan	PIC/Narasumber
08.00 - 08.15	Re-registrasi	-
08.15 - 08.20	Pembukaan	Moderator: dr. Jefri, SpJP FIHA
08.20 - 08.50	Clinical Anatomy of the Heart: What Every Clinician Must Know	Speaker: dr. Nanda Ladita, SpJP FIHA
08.50 - 09.20	From Structure to Practice: Correlating Cardiac Anatomy with Disease and Intervention	Speaker: dr. Kiki Rizky, SpJP(K) FIHA
09.20 - 11.00	Hands-on	-

WORKSHOP →

FRIDAY
OCTOBER 16TH 2026

WORKSHOP 3. ECG MADE EASY

Waktu	Kegiatan	PIC/Narasumber
08.00 - 08.15	Re-registrasi	-
08.15 - 08.20	Pembukaan	Moderator: dr. Cyntia Loway, SpJP FIHA
08.20 - 08.50	Crack the Code: A Simple & Practical Approach to Master ECG Interpretation	Speaker: dr. Putri Reno, SpJP FIHA
08.50 - 09.20	Don't Miss the Red Flags: Life-Threatening ECG Patterns Every Doctor Must Recognize	Speaker: dr. Akita Rukmana Akbar, SpJP FIHA
09.20 - 11.00	Hands-on	-

WORKSHOP 4. TREADMILL STRESS TEST FOR NURSE (HANDS-ON)

Waktu	Kegiatan	PIC/Narasumber
08.00 - 08.15	Re-registrasi	-
08.15 - 08.20	Pembukaan	Moderator: dr. Intan Muthia Rani, SpJP FIHA
08.20 - 08.50	Mastering the Protocol: Step-by-Step Execution of a Treadmill Stress Test	Speaker: Aswandi, S.Kep Ners
08.50 - 09.20	Safety First: Monitoring, Recognition of Warning Signs, and Emergency Response	Speaker: M. Nurdin, S.Kep Ners
09.20 - 11.00	Hands-on	-

WORKSHOP →

FRIDAY
OCTOBER 16TH 2026

WORKSHOP 5. RETURN TO WORK FOR CARDIAC PATIENTS

Waktu	Kegiatan	PIC/Narasumber
13.00 - 13.15	Re-registrasi	-
13.15 - 13.20	Pembukaan	Moderator: dr. Jerico Kelvin, SpJP FIHA
13.20 - 13.40	Risk Stratification First: Determining Fitness for Work After Cardiac Events	Speaker: dr. Atikah Khairunnisa, SpJP FIHA
13.40 - 14.00	Translating Cardiac Status into Work Clearance: A Practical Clinical Approach	Speaker: dr. Andi Hidayat, SpJP(K) FIHA
14.00 - 14.20	Safe Return, Better Outcomes: Optimizing Therapy Before and After Work Resumption	Speaker: dr. Akhmad Isnana Nurudinulloh, SpJP FIHA
14.20 - 15.30	Diskusi dan Tanya Jawab	-

WORKSHOP 6. DYSPNEA IN EMERGENCY ROOM: FROM PEDIATRIC TO ADULTHOOD

Waktu	Kegiatan	PIC/Narasumber
13.00 - 13.15	Re-registrasi	-
13.15 - 13.20	Pembukaan	Moderator: dr. M. Hafiz Mahruzza Putra, SpJP FIHA
13.20 - 13.40	Cardiac or Not? Decoding Dyspnea from Pediatric to Adult Patients	Speaker: dr. Alvin Thengker Amuli Ali, SpJP FIHA
13.40 - 14.00	From Uncertainty to Clarity: Practical Tools to Differentiate Dyspnea in All Ages	Speaker: dr. Yui Muya, SpJP FIHA
14.00 - 14.20	Red Flags You Can't Miss: Identifying Life-Threatening Cardiac Dyspnea	Speaker: dr. Fani Sulisna, SpJP(K) FIHA
14.20 - 15.30	Diskusi dan Tanya Jawab	-

WORKSHOP →

**FRIDAY
OCTOBER 16TH 2026**

WORKSHOP 7. CARDIAC EMERGENCY IN SPORTS: EARLY DETECTION, MANAGEMENT AND PREVENTION

Waktu	Kegiatan	PIC/Narasumber
13.00 - 13.15	Re-registrasi	-
13.15 - 13.20	Pembukaan	Moderator: dr. Nikhen Noverike, SpJP FIHA
13.20 - 13.40	Hidden Risks in Everyday Exercise: Early Detection of Cardiac Emergencies	Speaker: dr. Nicolaus Novian Dwiya, SpJP FIHA
13.40 - 14.00	When Every Second Counts: Managing Cardiac Emergencies During Physical Activity	Speaker: dr. Giovanni Rachmanda M, SpJP FIHA
14.00 - 14.20	Stay Active, Stay Safe: Preventing Cardiac Events in Physical Activity	Speaker: dr. Andri, SpJP FIHA
14.20 - 15.30	Diskusi dan Tanya Jawab	-

WORKSHOP 8. ECG FOR NURSE

Waktu	Kegiatan	PIC/Narasumber
13.00 - 13.15	Re-registrasi	-
13.15 - 13.20	Pembukaan	Moderator: dr. Grace Pinkan Ingggrid L, SpJP FIHA
13.20 - 13.40	From Recording to Action: Accurate ECG Acquisition and Clinical Response	Speaker: Li Ismail, S.Kep Ners, M.Kep, Sp.KMB
13.40 - 14.00	ECG Made Simple: Building Confidence in Basic Rhythm Recognition	Speaker: Lukman Hakim, S.Kep Ners
14.00 - 15.30	Hands-on	-

SYMPOSIUM DAY 1

Saturday, October 17th 2026

Registrasi Peserta & Morning Coffee

Narasumber :

Panitia Registrasi APICD 2026

07.30 - 08.00

Symposium 1

Vascular Disease — Comprehensive Management of Chronic Venous Insufficiency (CVI) & Venous Thromboembolism (VTE)

Narasumber :

1. dr. Harry Mahathir Akip, Sp-JP, FIHA

Topik: Chronic Venous Insufficiency (CVI): Early Recognition, Pathophysiology, and Medical Management in Clinical Practice

2. dr. Fadhil Pratama Apriansyah, Sp-JP(K), FIHA

Topik: Optimizing Venous Thromboembolism (VTE) Management: Acute Treatment and Long-Term Secondary Prevention with DOAC / Anticoagulation

Moderator :

Dr. dr. Vito A. Damay, Sp-JP(K), M.Kes, AIFO-K, FIHA

08.00 - 08.45

Opening Ceremony 25th APICD 2026 & Keynote Plenary

Narasumber :

1. dr. Ignatius Yansen NG, Sp-JP(K), FIHA

Laporan Ketua Panitia 25th APICD 2026

2. Pengurus Pusat PERKI & IDI Wilayah Banten

Sambutan Resmi Pengurus Pusat PERKI & IDI Wilayah Banten serta Peresmian Pembukaan Simposium

Moderator :

Panitia / MC

08.45 - 09.30

Symposium 2

Heart Failure — Neurohormonal Blockade in HFrEF & Emergency Triage in ADHF

Narasumber :

1. dr. Siti Elkana Nauli, Sp-JP(K), FIHA

Topik: Long-Standing Clinical Evidence: Neurohormonal Blocker in Heart Failure with Reduced Ejection Fraction (HFrEF)

2. dr. Nitia Almaida Asbarinsyah, Sp-JP, FIHA

Topik: Acute Decompensated Heart Failure (ADHF): Emergency Room Triage, Hemodynamic Profiling, and In-Hospital Stabilization

Moderator :

dr. Roy Christian, Sp-JP(K), FIHA

09.30 - 10.15

SYMPOSIUM DAY 1

Saturday, October 17th 2026

Symposium 3

Metabolic & Cardiorenal — SGLT2i Across Ejection Fraction Spectrum & Renal Protection in Diabetes

Narasumber :

1. Prof. Dr. dr. Antonia Anna Lukito, Sp.JP(K)

Topik: Dapagliflozin: Expanding Clinical Impact Across the Whole Ejection Fraction Spectrum in Heart Failure (HFrEF, HFmrEF, HFpEF)

2. dr. Mochamad Renaldi, Sp.JP, FIHA

Topik: Managing Cardiorenal Syndrome in Diabetic Patients: Practical Guidelines for General Practitioners & Internists

Moderator :

dr. Febtusia Puspitasari, Sp.JP(K), FIHA, FAsCC

10.15 - 11.00

Symposium 4

Arrhythmia & Syncope — Stroke Prevention in Atrial Fibrillation & Diagnostic Approach to Syncope

Narasumber :

1. dr. Ignatius Yansen NG, Sp.JP(K), FIHA

Topik: Navigating Anticoagulation in Atrial Fibrillation: Evidence-Based Stroke Prevention Strategies

2. dr. Abhirama Nofandra Putra, Sp.JP, FIHA

Topik: Differentiating Cardiac and Non-Cardiac Syncope: Diagnostic Flowchart and Red Flags in Clinical Evaluation

Moderator :

dr. Syarif Hidayat Soeriasapoetra, Sp.JP(K), FIHA

11.00 - 11.45

Lunch Symposium 5

Metabolic & Heart Failure — Early Cardiorenal Protection with SGLT2i & Multiorgan Risk Management

Narasumber :

1. dr. Daniel Tanubudi, Sp.JP(K), FIHA

Topik: Act Now for Early Protection: The Role of Empagliflozin in All-Spectrum Heart Failure Management

2. dr. Novita Gemalasari Liman, Sp.JP, FIHA

Topik: Managing Cardiorenal Risk in Type 2 Diabetes: Moving Beyond Glycemic Control to Long-Term Organ Preservation

Moderator :

dr. Stefanus Andy Wiyono, Sp.JP(K), FIHA

11.45 - 12.45

Ishoma (Istirahat, Sholat, Makan Siang)

12.45 - 13.45

SYMPOSIUM DAY 1

Saturday, October 17th 2026

Symposium 6

Hypertension — Advanced Blood Pressure Control with Levamlodipine & Dual Synergistic FDC

Narasumber :

1. dr. Bayushi Eka Putra, Sp.JP(K), FIHA

Topik: Levamlodipine: Clinical Profile, Superior Tolerability, and Essential Role in Contemporary Hypertension Management

2. dr. Teuku Muhammad Haykal Putra, Sp.JP

Topik: Fixed-Dose Combination (FDC) of Bisoprolol and Amlodipine: Synergistic Hemodynamic Control in Hypertension Management

Moderator :

Dr. dr. Ira Andaningsih, Sp.JP, FIHA

13:45 - 14:30

Penutupan Hari Pertama & Ringkasan Ilmiah

Narasumber :

Panitia APICD 2026

Moderator :

Panitia / MC

14.30 - 15:00

SYMPOSIUM DAY 2

Sunday, October 18th 2026

Registrasi Peserta Hari Kedua & Morning Coffee

Narasumber :

Panitia Registrasi APICD 2026

07.30 - 08.00

Sesi Khusus Yayasan Jantung Indonesia (YJI) — Promosi Gaya Hidup Sehat Jantung & Panca Usaha di Masyarakat

Narasumber :

Pengurus Yayasan Jantung Indonesia (YJI)

Topik: Peran Strategis Komunitas & Promosi Pola Hidup Sehat Jantung Panca Usaha dalam Pencegahan Primer Penyakit Kardiovaskular di Masyarakat

Moderator :

Panitia / MC

08.00 - 08.20

Symposium 7

Arrhythmia & Cardiac Rehabilitation — Ambulatory Holter ECG Monitoring & Safe Exercise in Primary Care

Narasumber :

1. dr. Nurnajmia Curie Proklamartina, Sp.JP, FIHA

Topik: Holter EKG: Kapan Harus Digunakan dan Bagaimana Interpretasi Hasilnya Secara Praktis di Klinik?

2. dr. Randy Alfa Rabby, Sp.JP, FIHA

Topik: Rehabilitasi Medis Pasca Serangan Jantung: Panduan Peresepan Latihan Fisik yang Aman di Fasilitas Kesehatan Tingkat Pertama (FKTP)

Moderator :

dr. Rachmat Setiarsa, Sp.JP, FIHA

08.20 - 09.05

Symposium 8

Coronary Artery Disease — Redefining Anti-Anginal Strategies, Nitrate Tolerance & Metabolic Protection in CCS

1. dr. Mardiatillah, Sp.JP(K), FIHA

Topik: Redefining Anti-Anginal Strategies in Chronic and Acute Coronary Syndromes: Revisiting the Role of Nitrates in Patient Selection, Tolerance Management, and Nitrate-Free Strategies

2. dr. Mia Amira Callista, Sp.JP(K), FIHA

Topik: Optimizing Combination Anti-Anginal Therapy in CCS: Beyond Nitrates to Hemodynamic and Myocardial Metabolic Protection

Moderator :

dr. M. Ermadji Prajitno, Sp.JP, FIHA

09.05 - 09.50

SYMPOSIUM DAY 2

Sunday, October 18th 2026

Symposium 9

Chronic Coronary Syndrome — Pharmacological Efficacy of ISMN & Lifestyle Secondary Prevention

Narasumber :

1. dr. Isabella Lalenoh, Sp.JP, FIHA

Topik: Clinical Advantages and Pharmacokinetics of Isosorbide Mononitrate (ISMN) in Ischemic Heart Disease

2. dr. Nila Indah Gayatri, Sp.JP, FIHA

Topik: Comprehensive Lifestyle Modifications and Secondary Prevention Strategies in Chronic Coronary Syndrome (CCS)

Moderator :

Dr. dr. Chandramin, Sp.JP(K), FIHA

09.50 - 10.35

Symposium 10

Lipidology & Preventive Cardiology — Dual-Action Lipid-Lowering in ACS & Referral Pathways

Narasumber :

1. dr. Emanuel Oepangat, Sp.JP(K), FIHA

Topik: The Role of Combination Therapy: Dual Action in Advancing Lipid Management in Acute Coronary Syndrome (ACS) Patients

2. dr. Melisa Aziz, Sp.JP, FIHA

Topik: Kapan Harus Merujuk Pasien Dislipidemia ke Dokter Spesialis Jantung? Kriteria Rujukan Tepat Waktu di Layanan Primer

Moderator :

dr. Hardja Priatna, Sp.JP(K), FIHA, FSCAI

10.35 - 11.20

Lunch Symposium 11

Women's Cardiovascular Health — 24-Hour Blood Pressure Control & Cardiovascular Risks in Perimenopause

Narasumber :

1. dr. Herenda Medhishita, Sp.JP(K), FIHA

Topik: Elevating Hypertension Conversations: Why 24-Hour Blood Pressure Control Matters in Cardiovascular Risk Reduction

2. dr. Silfi Pauline Sirait, Sp.JP, FIHA

Topik: Perimenopause and Cardiovascular Disease (CVD) Risk: Early Screening, Hormonal Changes, and Targeted Management Strategies

Moderator :

dr. Ruthvi Adriana, Sp.JP(K), FIHA

11.20 - 12.20

Closing Ceremony

Narasumber :

Panitia APICD 2026

Moderator :

Panitia / MC

12.20 - 12.50



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2026



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Kota Tangerang, Banten 15117



2026



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ACKNOWLEDGEMENTS

The Organizing Committee of APiCD 2026 expresses sincere gratitude to the following companies for their support to the meeting.



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CARDIOVASCULAR DISEASE